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A systematic review highlighting multiple benefits of urban agriculture besides food

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A systematic review highlights that there are multiple benefits of urban agriculture besides food

Abstract

Urban agriculture, including peri-urban farming, can nourish around one billion city dwellers and provide multiple social, economic, and environmental benefits. However, these benefits depend on various factors and are debated. Therefore, we used machine learning to semi-automate a systematic review of the existing literature on urban agriculture. It started with around 76,000 records for initial screening based on a broad keyword search strategy. We applied the topic modeling approach to systematically understand various aspects of urban agriculture based on the full text of around 1450 relevant publications. Urban agriculture literature covers 14 topics, clustered into 11 themes related to urban agriculture forms, their multi-functionalities, and their underlying challenges. These forms are small-scale ground-based and building-integrated systems. The multi-functionalities include food, livelihoods, health benefits, social space, green infrastructure, biodiversity, and ecosystem services. Therefore, promoting urban agriculture requires accounting for its multi-functionalities, besides food provisioning, and encouraging efficient and sustainable practices.

Keywords: urban agriculture, topic model, systematic review, sustainability, ecosystem services, multi-functional

1. Introduction

- Urban agriculture is a globally prevalent practice, which encompasses various
- 3 forms of farming activities within urban areas and their surroundings (Graefe
- 4 et al., 2019). They include traditional farming, allotment gardens, rooftop gar-
- 5 dens, hydroponics, aquaponics, and indoor vertical farming. Broadly, they are
- 6 ground-based or building-integrated with or without space conditioning (Gold-

stein et al., 2016b). Several studies highlight the potential contributions of urban agriculture to nourish urban residents from local (Costello et al., 2021; Hume et al., 2021; De Simone et al., 2023) to global (Martellozzo et al., 2014; Clinton et al., 2018a) scales. For example, Kriewald et al. (2019) showed that urban agriculture could nourish about one billion people, i.e., 30% of the total urban population. Martellozzo et al. (2014) highlighted that cultivating vegetables in 12 one-third of the global urban areas can fulfil the urban population's vegetable demand. Berlin could produce up to 82% of its vegetable demand within the city, according to De Simone et al. (2023). Vegetables are an essential component of a healthy diet (Willett et al., 2019), which consumption is lower than the recommended value almost worldwide (Pradhan and Kropp, 2020; Harris 17 et al., 2023). In this sense, current vegetable production can hardly meet the demand if the recommended intake level is achieved Dong et al. (2022). Urban agriculture might be an instrument to fill this gap Harris et al. (2023). 20 Urban agriculture, involving over 800 million people, is a pivotal aspect of 21 the global food system (O'Sullivan et al., 2019). It constitutes a proportion of 5-22 10% of global food production (Clinton et al., 2018b), with a larger share in lowand middle-income countries, e.g., Zambia and Kenya, where 33% of households are involved (Davies et al., 2021a). Urban agriculture also provides multiple ecosystem services, amounting a value of \$33 billion annually (Clinton et al., 2018b). These ecosystem services include food production of 100–180 million tonnes, energy savings of 14–15 billion kilowatt hours, nitrogen sequestration of 100,000–170,000 tonnes, and avoided stormwater runoff of 45–57 billion cubic meters annually. In an intensive urban agriculture scenario, the overall value of these services could reach as much as \$80-160 billion annually (Clinton et al., 31 2018b). 32

Besides the services mentioned earlier, urban agriculture can yield diverse social, economic, and environmental benefits, including community development and educational opportunities (Mirzabaev et al., 2021; Clinton et al., 2018b).

Nonetheless, the applicability of these benefits remains a topic of debate because they depend on various factors, e.g., region, seasons, and forms (Mbow et al.,

2019). For example, urban agriculture contributes to climate change adaptation, e.g., reduced urban heat island effects (Li et al., 2014), and climate change mitigation, e.g., atmospheric nitrogen and carbon fixation (Beniston and Lal, 2012). However, extensive irrigation will consume a large share of residential water use. By promoting the regionalization of food systems, urban agriculture helps to reconnect urban residents with nature's cycles and reduce food 43 transport emissions (Pradhan et al., 2020). One-fifth of food systems' emissions come from transport (Li et al., 2022), which matters for climate change mitigation (Pradhan, 2022). However, urban agriculture's overall emission reduction potential is also questioned, mainly due to space conditioning systems with intensive infrastructure and a high energy demand (Goldstein et al., 2016a; O'Sullivan et al., 2020). Nevertheless, these systems could improve energy efficiency and use renewable energy (Goldstein et al., 2016a; Van Delden et al., 2021). 51 Urban agriculture is one of the main economic activities of poor households in many low-income countries (Poulsen et al., 2015). Besides an income source, 53 it can mitigate the impact of seasonal food consumption shocks. These social and economic benefits of urban agriculture are also equivocal because of their dependency on the region and the form of urban agriculture. For example, ground-based urban agriculture faces pressure from urban sprawl (Pradhan 57 et al., 2014). Nevertheless, some metropolitan areas are also observing agricul-58 ture renaissances with an increased share of GDP from the agriculture sector (Rybski et al., 2021). Additionally, conditioned urban agriculture could mainly produce leafy vegetables and herbs, i.e., limited food commodities. Often these commodities, produced in conditioned urban agriculture, are expensive and be-62 yond the reach of poor households (Al-Kodmany, 2018).

Informing these debates on the multi-functionality of urban agriculture requires an evidence synthesis from existing studies, e.g., based on a systematic review. So far, reviews of urban agriculture have focused on limited aspects. For example, Poulsen et al. (2015) and Warren et al. (2015) investigated urban agriculture contributions to income and food security. Goldstein et al.

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culture. McCartney and Lefsrud (2018) reviewed studies on conditioned urban agriculture in extreme environments. Similarly, Al-Kodmany (2018) focused on vertical farms, requiring space conditioning. Appolloni et al. (2021) investigated worldwide cases of urban rooftop agriculture, i.e., building-integrated systems. Recently, Payen et al. (2022) conducted a meta-analysis on urban agriculture yields, and de Oliveira Alves and de Oliveira (2022) focused on economic, social, and environmental factors to commercialize urban agriculture. Nitya et al. (2022) assessed the geographical landscape of urban agriculture quantitatively and qualitatively. Still, a holistic and robust evidence synthesis on the multi-functionality of urban agriculture is missing, including their spatial and temporal dynamics.

This study aims to fill the above-highlighted gap by holistically understand-

This study aims to fill the above-highlighted gap by holistically understanding the multi-functionality of urban agriculture. A holistic understanding needs to be based on an extensive body of literature. Therefore, we attempt to cover most peer-reviewed publications on urban agriculture. Using these publications, we systematically categorize topics on urban agriculture and their spatial and temporal dynamics. Our topics articulate urban agriculture forms and their multi-functionalities, including their challenges. The next section describes our methodology, followed by the sections analyzing the topics and discussing the novelties of our study.

90 2. Methods

We conducted a literature analysis to understand the multi-functionality of urban agriculture, and it comprised two parts. The first was to systematically search for peer-reviewed publications, excluding grey literature, on urban agriculture and screen the relevant ones. We selected the relevant articles written in English and with PDFs available. Second, we applied a topic modeling approach to identify topics covered by these relevant publications.

7 2.1. Literature search and screening

We followed the preferred reporting items for systematic reviews and meta-98 analyses (PRISMA) statement (Page et al., 2021), the standard procedure, to search and screen literature (see Figure 1). We covered an extensive body of 100 literature by applying a broad keyword search strategy instead of a narrow one. 101 Mainly, we searched for literature with words "*urban* or city or cities" and 102 "agricultur" or garden" or farm" or food" and "form" or type" or typolog" or 103 class* or kind*" in the title, abstract, or keywords. We expected this search to return literature mentioning urban and agriculture and its type. Our search across the two well-established literature databases – Web of Science and Scopus, 106 on 15.02.2022 resulted in around 76,000 records. 107

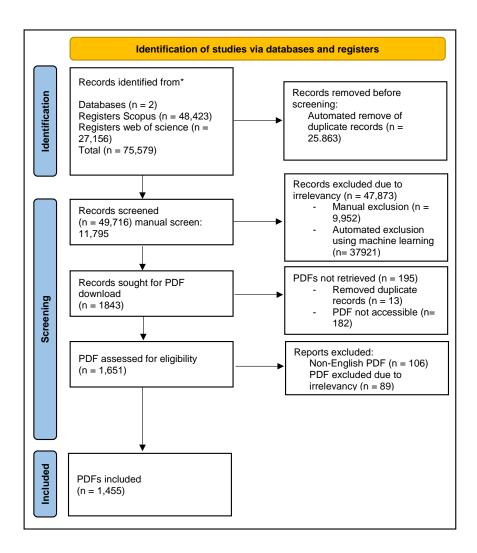


Figure 1: We followed the preferred reporting items for systematic reviews and meta-analyses (PRISMA) statement (Page et al., 2021) to identify the relevant literature from Scopus and Web of Science database for our study.

Screening relevant documents out of 76,000 records was a daunting task.
Thus, we applied a machine learning-supported literature screening approach.
We started by manually screening a subset of records, i.e., 1,000, to select relevant documents by reading their titles, abstracts, and keywords. Then, we used this subset to train support vector machine classifiers using *sklearn* (Chang and

Lin, 2011; Pedregosa et al., 2011) to prioritize documents likely to be relevant from the remaining records [see O'Mara-Eves et al. (2015) for a full discussion 114 of machine-learning assisted screening approaches]. As new documents were screened, we re-trained the machine learning models to re-prioritize the remain-116 ing documents. We used stopping criteria for determining when it was deemed 117 unlikely that more than 5% of relevant documents had yet to be identified 118 (Callaghan and Müller-Hansen, 2020) (see Figure S1). Then, we collected the 119 relevant documents' full text, mainly PDF, for further screening. Our collection resulted in the full text of 1,651 out of 1,843 relevant records due to restricted 121 access to some documents. Those articles were behind a paywall not accessible 122 from the authors' institutes or other means, e.g., www.researchgate.net. We 123 again screened these full texts to make sure that they were related to food and 124 urban agriculture and were in English. This screening returned 1,455 relevant documents. 126

127 2.2. Topic modeling

We used the full text of the relevant documents to identify the topics covered 128 by existing literature on urban agriculture. For this, our study applied topic 129 modeling, an unsupervised machine learning technique, instead of predefining 130 the topics manually. Topic modeling is a statistical model that helps discover 131 abstract "topics" from a set of documents (Blei, 2012). It provides a probability 132 distribution of the topics for each document, also known as theta (θ) , and a probability distribution of words for each topic, also called beta (β) or phi 134 (ϕ) . In other words, topic modeling clusters word and phrase patterns within 135 the documents to a predefined number of topics to best characterize them. 136 Identifying the optimum number of topics is crucial. If the number of topics is 137 too small, the topics could be too general. If it is too large, the topics could be too many with some overlap or hardly interpretable. Thus, we chose 14 topics 139 because of the jumps in Figure S2, following the method suggested by Nikita 140 (2016). We used the R Package "topic models" for topic modeling (Grün and 141 Hornik, 2011).

A few topics could be grouped into one larger theme, given the similarities in word probabilities with each other. For example, topics "Alternative livelihood" and "Alternative food supply" could be combined into one theme. For grouping the topics, we conducted hierarchical clustering of the probability distribution of words for each topic, i.e., beta (β) . Based on this clustering, we grouped these topics into 11 themes considering the Hellinger distance of 0.4 (see Figure S3).

We named these topics by analyzing the top probable words in each topic, 150 i.e., words with a large value for β or ϕ . Our interpretation of a topic was based 151 on the documents for which it was a primary topic, i.e., the most probable 152 topic or a large value for θ . Further, we conducted a bibliometric analysis to 153 understand these topics' temporal and spatial dynamics. This analysis was based on the publication year of the document and study area, mainly country, disregarding the authors' affiliations. Most studies focused on urban agriculture 156 in one country, while a few covered multiple countries. Since one document could 157 comprise many topics, we also investigated correlations among these topics and 158 their networks. This investigation helped us to understand co-occurrence among 159 topics. 160

161 3. Results

3.1. Urban agriculture topics

We identified 14 topics related to urban agriculture by systematically analyzing the current literature (Figure 2). Some of this literature was primarily associated with one topic, while others were broad, covering more than one. A few words were also the most probable word in many topics. We observed this overlap because these words, e.g., *urban*, *garden*, and *agriculture*, were common terminology across urban agriculture literature and were included in our search criterion. Nevertheless, their occurrence probabilities varied across the topic (Figure S4). Each topic focused on a unique and distinct domain. For example,

- Topic1 (small-scale ground-based) showed the word *garden* as the dominant one,
- in contrast to other topics.

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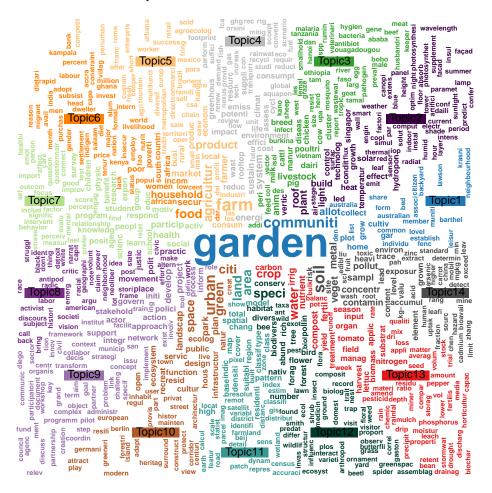


Figure 2: Word cloud of the 14 topics, grouped into 11 themes. It shows the probability distribution of words for each topic. A larger font size means a higher word occurrence probability. The 11 themes are Small-scale ground-based (Topic1), Building-integrated systems (Topic2), Urban livestock (Topic3), Food systems transformation potential (Topic4), Food supply and livelihoods (Topic5, Topic6), Health and educational benefits (Topic7), Social space and urban development (Topic8, Topic9), Green infrastructure and urban planning (Topic10), Urban land cover and ecosystem services (Topic11, Topic12), Water and other agricultural inputs (Topic13), and Health and other risks (Topic14).

We grouped the 14 topics into 11 themes based on hierarchical clustering

(see Figure S3). Three themes are related to the types of urban agriculture, i.e., small-scale ground-based, building-integrated systems, and urban livestock. Six themes highlight the multi-functionality of urban agriculture. Their coverage ranges from a broad topic, e.g., food supply and livelihoods, to a specific one, e.g., ecosystem services and biodiversity. The last two themes are related to the underlying challenges associated with urban agriculture, including required inputs. The sections below briefly describe the topics with these themes.

3.1.1. Small-scale ground-based systems

Various forms of ground-based urban agriculture exist worldwide on a small 182 scale. They include allotment, community, and home gardens. Among the 1,455 183 documents, the 52 documents primarily address these small-scale ground-based 184 systems, highlighting their multi-functionalities (see Topic1 in Figure 2). For ex-185 ample, Breuste and Artmann (2015) underscore the important role of allotment 186 gardens in Salzburg (Austria) in providing recreation and nature experience. 187 However, their importance in food production is declining there. In contrast, a 188 case study in Hobart (Australia) shows that affordable access to vegetables moti-189 vates one to grow vegetables in home gardens, mainly for low-income households 190 (Kirkpatrick and Davison, 2018). Inhabitants can have different motivations for 191 engaging in urban agriculture. A case study from Hangzhou (China) highlights 192 that inhabitants support converting public open spaces to community gardens 193 because of food quality, entertainment, and saving expenses (He and Zhu, 2018). 194

3.1.2. Building-integrated systems

Urban agriculture could also be integrated into buildings. These buildingintegrated systems are becoming popular in recent decades across the world. It
is the primary topic of the 109 relevant documents (see Topic2 in Figure 2). The
two main types of building-integrated systems are rooftop and vertical farming.
Different forms of rooftop farming include soil-based, soil-less, conditioned, and
unconditioned systems. Vertical farming comprises hydroponics, aquaponics,
aeroponic, and other soil-based multi-layer agriculture.

Many studies highlight the social, economic, and environmental benefits of 203 building-integrated systems and their designs. Mainly, they could enhance food 204 safety and security for urban populations (Despommier, 2011). For example, 205 case studies in Vancouver (Canada) show that green roofs and walls could pro-206 vide 54% of the vegetable demand and contribute to greenhouse gas emissions 207 reduction (Roehr and Laurenz, 2008a). In the meantime, they could also de-208 crease buildings' heating and cooling energy demand and reduce the urban heat 209 island effect (Roehr and Laurenz, 2008b). A Singaporean case study highlights the adequate availability of sunlight for farming on under-utilized vertical spaces 211 of residential buildings (Song et al., 2018). However, in the case of limited sun-212 light and indoors, vertical farming can be carried out using Light Emitting 213 Diodes with photo-synthetically active radiation (Uddin and Suliaman, 2021; 214 Chaudhry and Mishra, 2019; Kozai et al., 2016). Monitoring technologies are also available to ensure optimum plant growth in such building-integrated condi-216 tioned systems. For example, Pramono et al. (2020) design monitoring systems 217 for hydroponic. However, McCartney and Lefsrud (2018) highlight that sus-218 tainability of available technologies and energy efficiency are important issues 219 to be considered in these building-integrated conditioned systems. The envi-220 ronmental benefits of these systems could be offset if applied technologies are 221 unsustainable and energy intensive. 222

3.1.3. Urban livestock

Besides crop cultivation, livestock rearing is also a part of urban agriculture in many low-income countries (Abdulkadir et al., 2012). The 67 relevant doc-225 uments have urban livestock as their primary topic (see Topic3 in Figure 2). 226 For example, Roessler et al. (2016) present that urban farmers in Ouagadougou 227 (Burkina Faso) and Tamale (Ghana) keep a wide range of livestock (e.g., pigs, 228 cattle, goats, and poultry) together with crop cultivation. Similarly, poultry is the dominant livestock in Kampala (Uganda), followed by pigs, cattle, goats, 230 and sheep (Komakech et al., 2014). Several studies highlight various aspects of 231 urban livestock, including their sustainability aspects (Hellyward et al., 2019). 232

For example, it is an additional source of household income in many countries (Gillah et al., 2012), e.g., Ethiopia (Ayenew et al., 2011) and Tanzania (Swai 234 et al., 2005). However, improper management of urban livestock also poses environmental and health risks, including disease transmission. For example, 236 a Morogoro (Tanzania) case study highlights the risk of contamination with 237 potential zoonotic pathogens due to improper manure management practices 238 (Lupindu et al., 2012). Another disease risk practice is consuming dead and sick 239 animals (Alarcon et al., 2017). Besides livestock management, using wastewater to irrigate urban agriculture could also contaminate its produce, e.g., bacterial contamination (Fuhrimann et al., 2016) and antimicrobial resistance (Bougnom 242 et al., 2019). Due to these linkages with health risks, our unsupervised topic 243 model also bundles wastewater-related studies with urban livestock. These risks could be reduced with proper management, e.g., sanitation facilities (Martinez et al., 2013), recycling manure for crop production (Diogo et al., 2013), and awareness raising (Alarcon et al., 2017). 247

3.1.4. Food systems transformation potential

Promoting urban agriculture can contribute to sustainable food systems transformation. The 64 relevant documents, including 13 review articles, men-250 tion this potential as the primary topic (see Topic4 in Figure 2). For exam-251 ple, Specht et al. (2014) and Thomaier et al. (2015) describe the contributions 252 of building-integrated systems in providing economic outputs (e.g., food, nonfood, and non-market goods), environmental benefits (e.g., recycled resources and reduced food miles), and social advantages (e.g., food security, education, 255 and connecting consumers to food production). Orsini et al. (2014) estimate 256 that 77% of the vegetable requirements of Bologna (Italy) could be met by 257 rooftop farming together with biodiversity enrichment. Interestingly, a multidimensional sustainability study shows that urban agriculture in Makassar (Indonesia) is more sustainable in the economic dimension than the ecological 260 one (Abdullah et al., 2017). Accordingly to Sanyé-Mengual et al. (2018), better 261 crop management and garden design could reduce the environmental impacts 262

of urban agriculture. These examples highlight the need for proper manage-263 ment and design for urban agriculture to contribute to sustainable food systems 264 transformation (Goldstein et al., 2016b). Moreover, a wider uptake of urban agriculture requires community behaviour change and appropriate policy measures (Ghosh et al., 2008). A survey of urban dwellers in Berlin (Germany) 267 reveals that urban agriculture businesses are socially acceptable only if com-268 bined with ecological and social goals (Specht et al., 2016). However, business 269 opportunities in urban agriculture, e.g., rooftop farming, are still untapped because most of the current rooftop farms focus on social-educational goals and 271 improving urban living quality (Appolloni et al., 2021). Overcoming barriers 272 to urban agriculture is crucial for up-scaling its food systems transformation 273 potential, which may vary across regions.

3.1.5. Food supply and livelihoods

Many studies elaborate on urban agriculture's contribution to enhancing food supply and livelihoods, highlighting more specific aspects. Our literature analysis results in two topics about these aspects.

Food production in urban and peri-urban areas is considered an innovative approach to supplying food, non-food, and non-market goods. It is the primary 280 topic of the 93 relevant documents (see Topic5 in Figure 2). Urban agriculture 281 is a new opportunity for high-yield vegetable production because of its higher 282 yield than traditional farming in general (Payen et al., 2022). Case studies from 283 Beijing (China) and Milan (Italy) present agro-tourism enterprises as an innovative form of urban agriculture, which integrate urban-rural development, be-285 sides supplying food (Yang et al., 2010; Spagnoli and Mundula, 2021). Similarly, 286 Guzmán Fernández et al. (2020) highlight other non-marketable benefits of ur-287 ban agriculture in Mexico City (Mexico), which include creating jobs, reconnecting with nature, and knowledge transfer. Diekmann et al. (2020) also presents similar benefits from urban agriculture in San Francisco (United States). How-290 ever, these alternative approaches to supply food need to be connected with the 291 mainstream system (e.g., supermarkets) and traditional local and small-scale 292

producers for upscaling their benefits and transforming broken food systems (James, 2016).

Urban agriculture also provides households and farmers with an alternative form of livelihood. These aspects of urban agriculture are the primary topic 296 of the 135 relevant documents (see Topic6 in Figure 2). For example, a review 297 study highlights that urban households will continue strongly engaging in agri-298 cultural activities in low-income countries (De Bon et al., 2010). Engagement in 299 urban agriculture could also increase urban households' income, improve their living standard, and provide other livelihood benefits (Van Averbeke, 2007) to-301 gether with increased food access (Khumalo and Sibanda, 2019). Urban agricul-302 ture needs to be promoted and supported to obtain these benefits. A Malawian 303 case study highlights that these supports would be more effective if targeted to poor women by providing agricultural extension services and wealthier farmers to increase the employment opportunities associated with urban agriculture 306 (Mkwambisi et al., 2011). Moreover, issues related to residential development, 307 land tenure, transport infrastructure, and the use of urban spaces need to be 308 adequately addressed to ensure households' ability to produce, sell, and access 309 food (Davies et al., 2021b). 310

3.1.6. Social and public health benefits

The social and public health benefits of urban agriculture are the primary 312 topic of the 113 relevant documents (see Topic 7 in Figure 2). Social benefits 313 of urban agriculture include education and learning (Rahm, 2002; Hong et al., 2021), community network and social capital (Audate et al., 2021; Kirby et al., 315 2021), reconnecting with agricultural practices and nature (Cattivelli, 2020; 316 Artmann et al., 2021), and knowledge exchange (Dobson et al., 2020; Sanyé-317 Mengual et al., 2020). Urban inhabitants are motivated to participate in urban 318 agriculture to eat safe and healthy food and obtain these social benefits (Bellows et al., 2009). Besides providing healthy diets, urban agriculture contributes 320 to a healthy and active lifestyle (Van den Berg et al., 2010; Fisher-Maltese 321 et al., 2018; Stubberfield et al., 2022), healing, therapy, and recovery of patients, Jeong et al., 2020; Heckman, 2012), and improvements in mental health (Koay and Dillon, 2020; Harada et al., 2021).

3.1.7. Social space and urban development

Many studies have highlighted that urban agriculture is a means for urban transformations. Our literature analysis results in two topics related to this theme.

Urban agriculture provides social space for grassroots sustainability move-329 ments (Turner, 2011; Hawkes and Acott, 2013; Atkinson and Viloria, 2013), which is the primary topic of the 181 relevant documents (see Topic8 in Fig-331 ure 2). Guerrilla gardening is an example of such movement, which has been 332 practised to express the need to transform urban spaces (Adams and Hardman, 333 2014; Mikadze, 2015). Similarly, school gardens connect children to food production and consumption, education, nature, and stewardship (Cairns, 2017), 335 leading to more sustainable futures (Moore et al., 2015). A case study of Dublin (Ireland) and Belfast (Northern Ireland) highlights that allotment gardens could 337 reduce social barriers, foster knowledge exchanges, and generate empathy among 338 their practitioners (Corcoran and Kettle, 2015). However, there might be conflicts among urban gardeners with different visions. Nevertheless, such conflicts 340 may also positively result in cultural disruption and destabilized hierarchies 341 (Aptekar, 2015). Studies also highlight that urban agriculture could enhance 342 food justice and reduce inequalities, mainly for disadvantaged populations (Milbourne, 2012; Miller, 2015; Aptekar and Myers, 2020; Sbicca and Myers, 2017). Sustainable urban development by promoting urban agriculture (Jahrl et al., 345 2021) is the primary topic of the 115 relevant documents (see Topic9 in Fig-346 ure 2). For example, Roth et al. (2015) highlight that urban agriculture can 347 stimulate and support urban renewal and regeneration of the German Ruhr Area. Similarly, a case study in Central Jakarta (Indonesia) highlights urban agriculture's contribution to sustainable urban development based on produc-350 tive green space, social cohesion, and food expenditure saving (Jap et al., 2021). 351 A successful governance strategy to promote urban agriculture requires em-352

phasizing various social, economic, and environmental benefits associated with urban agriculture, addressing city-specific needs beyond food production (Prové et al., 2016). Here, governments could play essential roles by facilitating multistakeholder processes, developing appropriate policies, conversing existing urban farms, and allocating land for urban agriculture (Halloran and Magid, 2013). In return, local government partnerships with urban agricultural movements could foster community development (Gough and Accordino, 2013). Since urban development is also linked with urban policies, our unsupervised topic model bundles documents related to urban food policies with this topic (Moschitz, 2018; Vara-Sánchez et al., 2021)

3.1.8. Green infrastructure and Urban planning

Urban agriculture is a part of green infrastructure and nature-based solu-364 tions that promotes the greening of cities (Contesse et al., 2018). It is the primary topic of the 131 relevant documents, considering cultural and historical aspects and modern urban planning (see Topic10 in Figure 2). For example, 367 the historical Persian Gardens in Iranian cities consist of ornamental and agri-368 cultural plants (Farzin et al., 2020; Khalilnezhad, 2016). Similarly, Chiayi City (Taiwan) has green alleys with edible plants as a part of the cultural landscape 370 (Lee et al., 2017). These examples show the existence of urban agriculture for a 371 long time in the form of green spaces (Casadei and Bazzocchi, 2017; Liu, 2011). 372 Currently, urban agriculture is also becoming popular in modern urban planning for incorporating green spaces in cities (Bohn and Chu, 2021), reviving their economies (Nefs et al., 2013), and reusing abandoned infrastructure (Mat-375 acz and Światek, 2021). For example, Middle et al. (2014) argue integrating 376 community gardens into public parks is an innovative approach to providing 377 ecosystem services in cities. A case study of Flint, Michigan (United States), highlights an urban agricultural approach to deal with vacated land in shrinking cities to make them more sustainable and livable (Pallagst et al., 2017). Sim-380 ilarly, Szopińska-Mularz and Lehmann (2019) depict that obsolete inner-city 381 car-parking infrastructures in cities in the United Kingdom could be used for 382

urban agriculture, e.g., hydroponics.

3.1.9. Urban land cover and ecosystem services

Many studies have highlighted urban agriculture as a land cover and landscape component. It links rural and urban areas, provides various ecosystem
services, and shelters biodiversity. Our literature analysis results in two topics
related to these aspects of urban agriculture.

The first topic is mainly related to urban agriculture as a land cover and 389 landscape component, appearing primarily in the 99 relevant documents (see Topic11 in Figure 2). These documents include studies applying remote sensing 391 and GIS techniques to spatially map urban agriculture, its characteristics, and 392 its changes across time (Ghosh and Head, 2009; Pulighe and Lupia, 2016; Smith 393 et al., 2017; Haase et al., 2019). Here, we mainly highlight urban-rural linkages instead of discussing the methods. Peri-urban agriculture, i.e., farming around cities, is a land cover and landscape component that links urban and rural areas with multiple socioeconomic and environmental functions (Serra et al., 2018). 397 For example, wastewater from urban areas could be used to irrigate peri-urban 398 farms (Jampani et al., 2020). However, rapid urbanization also puts pressure 399 on peri-urban agriculture, converting it into built-up areas and transforming 400 barren land for agricultural use (Jampani et al., 2020). Nevertheless, market-401 oriented farmers could also adapt to rapid urbanization and utilize the provided 402 opportunities by commercialization, specialization, and intensification of their 403 farming under certain conditions (Follmann et al., 2021).

The second topic is ecosystem services and biodiversity related to urban agriculture. It is the primary topic of the 103 relevant documents, including seven reviews (see Topic12 in Figure 2). Besides supplying food, urban agriculture provides various ecosystem services, including pollination, pest control, climate resilience, water regulation, nutrient cycling, recreation, and other cultural services (Lin et al., 2015; Cabral et al., 2017; Speak et al., 2015). However, there might be trade-offs among these ecosystem services depending on urban agriculture management (Taylor et al., 2017). For example, Stenchly et al. (2019)

highlight a potential trade-off between bio-control of pests and pollination ser-413 vices. Areas of urban agriculture are also considered biodiversity hotspots, 414 including flora diversity (Borysiak et al., 2017; Tew et al., 2021). A case study 415 of two cities in Canada shows a high level of functional trait diversity of wild 416 bees in community gardens (Normandin et al., 2017). Similarly, another study 417 highlights allotment gardens as an alternative to natural habitats for bumble 418 bees (Ahrné et al., 2009). Urban agriculture, mainly soil-based, is also rich 419 in invertebrate species (Smith et al., 2006), e.g., ground beetles, ants, spiders, millipedes, gastropods, and rove beetles (Braschler et al., 2020). Moreover, ur-421 ban agriculture with ponds and trees could also harbor amphibians, birds, and 422 mammals (Loram et al., 2011). 423

3.1.10. Water and other agricultural inputs

Urban agriculture requires water and other agricultural inputs and provides 425 water-related ecosystem services, a primary topic of 83 documents. Several stud-426 ies investigate the water and nutrient balance of urban agriculture. For example, 427 Wang et al. (2008) and Abdulkadir et al. (2013) highlight nutrient surplus in 428 urban and peri-urban vegetable farms in Nanjing and Wuxi (China) and Kano 429 (Nigeria), respectively. Excess application of fertilizers is a problem in many 430 urban agriculture systems, which leads to nutrient pollution and poses a risk to 431 water bodies and soil quality (Wielemaker et al., 2019; Abdalla et al., 2012; Kong 432 et al., 2015; Small et al., 2019). Addressing this risk requires an optimum appli-433 cation of fertilizer to maintain crop yields and minimize nutrient loss. Doing so with the application of compost in urban agriculture could help close the urban 435 nutrient loop Shrestha et al. (2020). Regarding irrigation, various types of water 436 are used in urban agriculture depending on locations, e.g., greywater (Rodda 437 et al., 2011), wastewater (Kurian et al., 2013), harvested rainwater (Clark et al., 2019), and advanced irrigation systems (Rodríguez-Delfín, 2011). Moreover, urban agriculture also reduces stormwater and rainwater runoffs (Aloisio et al., 440 2016; Whittinghill et al., 2015; Kolasa-Więcek and Suszanowicz, 2021), which 441 in return also lowers irrigation water demand (Harada et al., 2018). 442

3.1.11. Health and other risks

443

Consumption of urban agricultural produce might also pose health risks 444 which depend on various factors associated with urban farming practices (Mene-445 fee and Hettiarachchi, 2017). The 110 relevant documents highlight these risks as their primary topic (see Topic14 in Figure 2). Broadly, these factors are soil and water contamination and air pollution. Urban soils could be contam-448 inated with toxic heavy metals and polycyclic aromatic hydrocarbons, mainly 449 associated with farming in previous industrial sites (Thomas and Lavkulich, 450 2015), proximity to industry, mining zones, and roads (Kabala et al., 2009; Liu 451 et al., 2019; Wang et al., 2011, 2021), and substrate used for farming (Meck et al., 2020; Papafotiou et al., 2016). Similarly, air pollution and rainwater 453 irrigation could lead to heavy metal contamination in vegetables produced in 454 urban areas (Li et al., 2012). The uptake of these contaminants by plants, their 455 bioavailability, and health risks depend on various factors, e.g., their concentra-456 tions, type of contaminant, type of plant species, and species variety (Romanova and Lovell, 2021). Moreover, various measures are available to reduce health 458 risks from such contamination, including the washing of vegetables before hu-459 man consumption (Schreck et al., 2012), treating wastewater before irrigation 460 (García-Gómez et al., 2002), and using soil amendments and raised-beds in case of contaminated soils (Defoe et al., 2014). Therefore, promoting and up-scaling urban agriculture must tackle these risks to obtain social, economic, and envi-463 ronmental benefits.

465 3.2. Topic evolution

In recent decades, publications on urban agriculture have increased with variations in the topics they covered (Figure 3). In the 1970s, there were only a few publications on urban agriculture, which increased to 900 in the 2010s.

More interestingly, we have already identified over 400 publications in the 2020s.

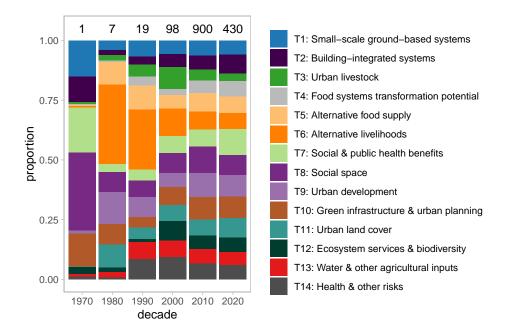


Figure 3: Distribution probability of the 14 topics (T1–T14) on urban agriculture literature across the six decades. Bar heights represent the average distribution proportions. The number on the top of the bars provides the publication count for the decade.

Regarding topics, the focus on urban agriculture research has also evolved during the last decades (Figure 3). Among the 14 topics, urban agriculture as an alternative livelihood was the most dominant topic in the literature until the 2000s. Afterward, Topic5 (Alternative livelihoods) has diminished. In the 2000s, other dominant topics were urban livestock and health and other risks associated with urban agriculture. Currently, urban livestock is the least prevalent topic. However, health and other risks related to urban agriculture are still a nonnegligible topic. Recently, there has been an increase in the proportion of the topic of building-integrated systems, mirroring the gaining popularity of these systems worldwide. Other prominent topics in recent decades are social and public health benefits, social space, and urban development. Still, water and other inputs for agriculture are a non-negligible topic.

3.3. Topic spatial distribution

Urban agriculture research is conducted worldwide, mostly with case studies 483 at the city level, covering 96 countries (Figure 4). Some studies also investigate urban agriculture in more than one country or without geographical focus (Figure 5). A majority of urban agriculture research is from high-income coun-486 tries, namely the United States, the United Kingdom, Italy, Australia, and 487 Spain. It shows a massive investment in research and the importance of urban 488 agriculture in these countries. Considerable urban agriculture research is also 489 conducted in many middle-income countries. For example, we observe at least 490 20 publications on urban agriculture from China, Indonesia, South Africa, In-491 dia, Ghana, and Brazil. However, there are less than 15 publications from 76 492 countries worldwide. Nevertheless, it highlights the global scientific interest in 493 urban agriculture research.

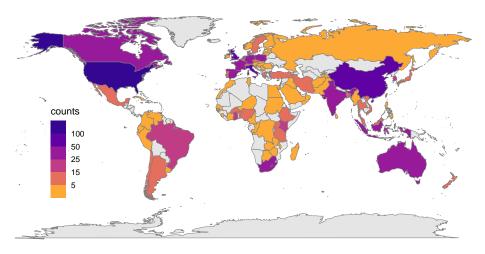


Figure 4: Spatial distribution of urban agriculture research based on publication counts at a country scale, represented by color codes. The grey color represents countries and regions where we did not identify published research on urban agriculture. The map shows only studies that focused on a single country. It excludes studies without a geographical focus, e.g., reviews.

The most dominant topic of urban agriculture research varies worldwide (Figure 5). For example, the potential of urban agriculture to transform food

systems is the most dominant topic in Ghana. However, this topic is not so prominent in studies from Spain, Indonesia, Italy, and Singapore. The health and other risks associated with urban agriculture is the most dominant topic in Germany and Netherlands. For Singapore, one of the most prevalent topics is urban agriculture as a green infrastructure and an urban planning component. A few topics are widely analyzed in many countries. Studies from developed and developing countries show a common interest in these topics. Specifically, provisioning social space from urban agriculture is the most dominant topic in a few countries, mainly Spain, South Africa, Brazil, and Poland. Many countries, such as South Korea, India, Canada, and Kenya, have social and public health benefits from urban agriculture as a dominant topic. Surprisingly, alternative food supply and livelihood topics are not so prominent in many countries.

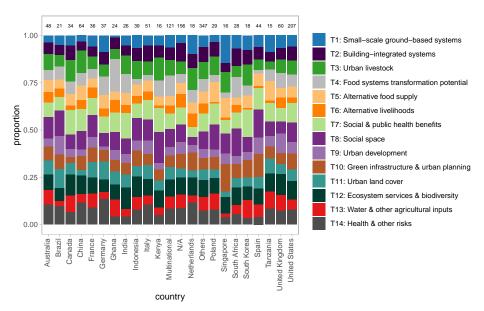


Figure 5: Distribution probability of the 14 topics (T1–T14) on urban agriculture literature worldwide at a country scale. Bar heights represent average distribution proportions. The number on the top of the bars provides the publication count. We group the countries with less than 15 publications into "Others". "Multinational" represents studies that focused on more than one country. "N/A" are the studies without a geographical focus.

3.4. Topic co-occurrence and network

The 14 topics on urban agriculture are likely to co-occur in the same docu-510 ment, reflecting close linkages among the topics (Figure 6). For example, Topic1 511 (Small-scale ground-based systems) is more likely to occur together with Topic12 (Ecosystem services & biodiversity), Topic13 (Water & other agricultural in-513 puts), or Topic14 (Health & other risks). We observed these co-occurrences 514 because many studies highlight either ecosystem services and biodiversity in 515 the allotment and community gardens or input requirements and soil contam-516 ination aspects of these gardens. Similarly, Topic3 (Urban livestock) is likely to co-occur with many other topics, e.g., Topic4 (Food systems transforma-518 tion potential), Topic5 (Alternative food supply), Topic6 (Alternative liveli-519 hoods), Topic12 (Ecosystem services & biodiversity), and Topic14 (Health & 520 other risks). These co-occurrences reflect the importance of urban livestock together with their challenges. Within a topic, the probability of top words is mostly positively correlated, with a few exceptions of anti-correlations. For 523 example, there is an anti-correlation between the probability of the words allot 524 and *communiti* belonging to Topic1. It is mainly because many studies on this 525 topic either focus on allotment or community gardens.

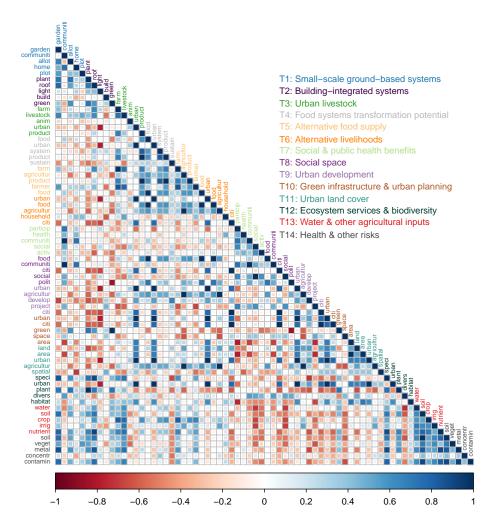


Figure 6: Heat map showing spearman correlation coefficient between occurrence from the 14 topics (T1–T14). The positive correlations reflect the co-occurrence of the words. The reddish colour represents a positive correlation, and the bluish colour shows a negative correlation. The areas of coloured squares are proportional to the absolute value of the correlation coefficient.

Some of the top words from the 14 topics are more connected or isolated than others (Figure 7). The most connected words with positive correlations in terms of occurrence probability in a topic are *urban*, *nutrient*, *roof*, *garden*, *livestock*, and *metal* (Figure 7, left). Since *urban* appears as the top most probable word in seven of 14 topics, it is unsurprising to see *urban* as one of the most prominent

words. However, the other five words appear at the top most probable word for only one topic. Nevertheless, these words are connected positively with several words in other topics. The most isolated words with a lot of negative correlations in terms of occurrence probability in a topic are light, project, develop, plant, area, and space (Figure 7, right). Using artificial light for indoor farms is an emerging topic in urban agriculture literature. Thus, we identify light as the most isolated words. A reason behind the other five most isolated words is also either their use in a specific context, e.g., project and develop, or their synonyms being more prominent, e.g., garden instead of area and space.

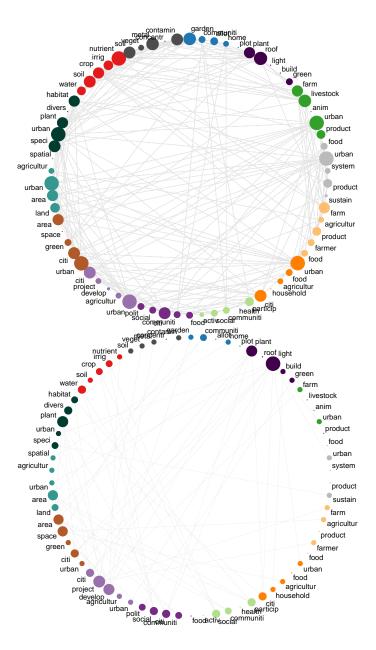


Figure 7: The networks of the top five words from the 14 topics with positive (top) and negative (bottom) correlations in terms of occurrence probability in a topic. The larger bubbles in the network based on positive correlations are the most connected words among the topics (top). In contrast, the most isolated words among the topics are reflected by the larger bubbles in the network based on negative correlations (bottom). The bubble size represents the connections based on positive or negative correlations presented in Figure 6. We plot the networks considering the absolute correlation coefficient greater than 0.6 to avoid over-interpretation of correlation analysis.

4. Discussion

Our systematic literature review identified multiple aspects of urban agriculture, grouped into 14 topics. These topics highlight urban agriculture's social,
economic, and environmental benefits and associated risks. We documented increased publications on urban agriculture in recent years. This increase shows
that urban agriculture is becoming a part of scientific discourse on various topics
based on its multi-functionality. Our review brings several novelties and insights
compared to the existing studies on urban agriculture.

First, we provide a holistic review of urban agriculture literature compared 549 to its limited aspects highlighted by most studies. Our broad keyword search strategy enables us to cover an extensive body of literature on urban agriculture, 551 i.e., around 76,000 records for initial screening. It is essential to provide robust 552 evidence of urban agriculture benefits and limitations, which are increasingly de-553 bated. As a contribution to this debate, we found a high agreement among the 554 literature on the multi-functionality of urban agriculture. These functionalities include food, livelihoods, income, biodiversity, education, and health. However, several publications also highlight the constraints of urban agriculture. For ex-557 ample, urban agriculture can supply city inhabitants with fruits and vegetables, 558 an essential part of healthy diets. Still, it cannot provide their total calorie 559 and nutrient demands (De Simone et al., 2023). Urban agriculture is a multi-560 functional infrastructure in or around cities, which offers several socioeconomic 561 and environmental benefits but requires various inputs and might pose health 562 risks. 563

Second, our study systematically covers various topics the existing urban agriculture literature raises. For this, we apply topic modeling to identify topics based on machine learning instead of manual selection to minimize manual biases in choosing the topics. For example, we identify urban livestock as a separate topic. This topic is not widely covered by the existing reviews (Palma et al., 2015). Moreover, our study uses the full text of the relevant document for topic modeling instead of using only their abstracts. Our 14 topics represent

a wide range of discussions on urban agriculture, including its forms, multifunctionalities, and potential risks. Notably, we could identify ground-based 572 and building-integrated systems as separate topics in the literature. These different urban agriculture forms have their own strength and limitations. For 574 example, building-integrated indoor systems, e.g., vertical farming, require ar-575 tificial light and other agricultural inputs. This form of urban agriculture could 576 provide food on a commercial scale. However, its benefits would be undermined 577 without an efficient system. In contrast, small-scale ground-based systems could provide other social, economic, and environmental benefits and produce food on 579 a less commercial or non-commercial scale. Still, urban agriculture could pose 580 health risks and demand intensive agricultural inputs depending on its manage-581 ment and surrounding environment. Therefore, raising awareness of sustainable practices is essential while promoting and up-scaling urban agriculture to obtain its multi-functional benefits. The sustainability aspects should be further 584 explored with more in situ observations, such as resource-saving and climate 585 mitigation effects. 586

Third, we bring attention to the spatio-temporal distribution of 14 ur-587 ban agriculture topics. We found that certain topics are more co-occurring in the same literature than others. Studies from developed and developing 580 countries didn't show differences in prioritizing specific topics. A few topics 590 (e.g., Social space and Social & public health benefits) are common interests 591 for all. Building-integrated systems are becoming increasingly popular worldwide (Van Delden et al., 2021). It might be due to the technological readiness of various forms of building-integrated systems for a broader implementation 594 (Herrero et al., 2020). Regarding urban agriculture benefits, social, environ-595 mental, and urban development aspects are becoming more prominent in recent 596 decades. This shift indicates that the function of urban health, a feature of the urban society as a whole, now dominates the interest in urban agriculture for particular social groups. An increased proportion of the topic on the food 599 system transformational potential of urban agriculture also hints in the same 600 direction. It may also indicate a decrease in the interest in urban agriculture as 601

an expression of alternative livelihoods but the mainstreaming of green ideology.

It might be becoming less critical what urban agriculture does with those who

practice it. More important would be how this form of agriculture transforms

the city. This finding highlights the increasing multi-functional role of urban

agriculture in providing other social benefits besides food. Thus, we argue that

promoting urban agriculture requires accounting for its social, economic, and

environmental benefits besides food provisioning.

We acknowledge several limitations to our study. First, our review does not include grey literature on urban agriculture because of limiting our search to 610 only two databases. Since our aim is a systematic analysis, it is a challenge 611 to cover grey literature systematically, including its quality control. Our re-612 view was also restricted by our keyword search strategy, selection of English 613 publications, and full-text availability. We could have used various synonyms of urban agriculture during the keyword search. Despite these limitations, we were 615 able to cover a substantial amount of literature, including studies from different 616 countries worldwide. We assumed that information provided in the non-English 617 language is also somewhat reported in those publications. Nevertheless, liter-618 ature assessment based on English articles generally has a problem. It misses non-English publications, including much grey literature, as highlighted by the 620 recent study on national biodiversity assessments (Amano et al., 2023). Ad-621 ditionally, we tried our best to collect the full text of the articles. Mainly, it 622 was challenging to obtain the full text of some recent articles due to paywalls. However, we could include much of the older literature in our analysis because 624 we did not find full text for only nine publications before 2000. This hurdle 625 highlights the need for open science for sound evidence synthesis. 626

Second, our method also has some limitations. The topic modeling approach requires a pre-defined number of static topics. We tackle these limitations by identifying an optimum topic number and analyzing topic evolution across the study period. Further, we applied a qualitative method for our study based on vast literature instead of qualitative approaches based on stakeholders. Nevertheless, our review also included qualitative studies covering stakeholders'

perspectives. Nevertheless, combining quantitative, qualitative, and knowledge co-creation approaches would be a way forward for a holistic understanding (Pradhan, 2023).

Third, the topic modeling approach does not model sentence structure and 636 provides the distribution of topics over documents and the distribution of words 637 over topics. Therefore, it may miss nuances in the meaning of the text. Fourth, 638 a topical analysis does not account for semantics and conclusions, i.e., concrete 639 positions or findings within one topic. We attempt to overcome these limitations by interpreting each topic by having a closer look at the literature for which 641 it is the primary topic. Overall, these limitations are common in large-scale 642 literature reviews, and we acknowledged these limitations in a comprehensive 643 and rigorous analysis of the literature.

With the application of a systematic approach, we believe that our study provides a robust foundation for promoting urban agriculture considering its multi-646 functionalities and limitations. For example, as the 2030 Agenda for Sustainable 647 Development envisioned, urban agriculture could contribute to ending hunger, 648 mainly by providing fresh fruits and vegetables. In the meantime, it could syn-649 ergise with other Sustainable Development Goals (SDGs), e.g., no poverty (SDG 650 2) and life on land (SDG 15). However, a more detailed study is required to 651 understand the interlinkages between SDGs and urban agriculture. The ade-652 quate improvement in urban agriculture to alleviate the trade-offs among SDG 653 targets remain unknown as well. Nevertheless, our review highlights that urban agriculture could help urban transformation towards sustainable cities and 655 communities (SDG 11). Thus, we would argue that sustainable urban planning 656 and development needs to consider urban agriculture as an essential component, 657 which is also a part of green spaces and infrastructures. Moreover, our findings 658 are also crucial contributions to the upcoming report on urban and peri-urban food systems by the High-Level Panel of Experts on Food Security and Nutrition. The report is planned for 2024. We synthesise robust evidence, discussed 661 and highlighted above, based on an extensive body of literature, which could be 662 used in this upcoming report. 663

564 5. Conclusion

We conducted a semi-automated systematic review of the existing literature 665 on urban agriculture based on the topic modeling approach. Our review high-666 lights that urban agriculture is multi-functional, providing more than food. In 667 recent years, the literature increasingly emphasizes urban agriculture's social, economic, and environmental benefits. These benefits include urban agriculture as a component of the city's green spaces and infrastructures. Urban agriculture 670 can potentially produce a share of food demands, mainly vegetables. However, 671 there might also be health risks from consuming food from urban agriculture 672 grown in polluted and contaminated soil, water, and air. Additionally, the environmental benefits of urban agriculture could be offset when it is practised 674 unsustainably based on inefficient use of agricultural inputs and energy. Urban 675 agriculture may not always be associated with lower carbon, energy, or water 676 costs. Only judicious management strategies identified from a whole life-cycle 677 assessment of the existing and planned projects could ensure these benefits of urban agriculture. It may be impractical for all forms of urban agriculture to perform better than traditional agriculture in all environmental domains. Trade-680 offs may occur. For example, improving management for irrigation would be 681 a priority in arid cities to maintain residential water requirements instead of promoting water-intensive ground-based urban agriculture systems. Therefore, promoting urban agriculture should encourage efficient and sustainable practices and incentivise urban agriculture for its multi-functionality besides food 685 provisioning. 686

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