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Phase transitions in equilibrium and nonequilibrium systems play a major role in the natural sciences. In dynamical networks, phase transitions organize qualitative changes in the collective behavior of coupled dynamical units. Adaptive dynamical networks feature a connectivity structure that changes over time, coevolving with the nodes’ dynamical state. In this Letter, we show the emergence of two distinct first-order nonequilibrium phase transitions in a finite-size adaptive network of heterogeneous phase oscillators. Depending on the nature of defects in the internal frequency distribution, we observe either an abrupt single-step transition to full synchronization or a more gradual multistep transition. This observation has a striking resemblance to heterogeneous nucleation. We develop a mean-field approach to study the interplay between adaptivity and nodal heterogeneity and describe the dynamics of multicluster states and their role in determining the character of the phase transition. Our work provides a theoretical framework for studying the interplay between adaptivity and nodal heterogeneity.

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Phases are a fundamental concept in the natural sciences [1]. Complex dynamical networks [2,3] exhibit a plethora of nonequilibrium phase transitions organizing their collective dynamics in response to variations in control parameters such as interaction strength or noise [4,5]. In particular, transitions between coherence and incoherence have attracted significant attention in static [6] and temporally evolving complex networks [7]. The Kuramoto model [8] has served as a test bed to study phase transitions in networks of coupled oscillators. It exhibits either first or second-order phase transitions from incoherence to full synchronization, depending on the natural frequency distribution [8–13]. Similarly, network structure [14] and weight distribution [15] can lead to first-order (or explosive) transitions and to hysteresis, for which a universal mechanism has recently been proposed [16].

To better describe real-world phenomena, the original Kuramoto model has been extended and modified. Beyond the classical Kuramoto model, generalizations to static and time-evolving networks have been developed [7,17–22]. The inclusion of additional dynamical degrees of freedom, e.g., to describe power grids [23–27] by including inertia, has introduced much richer synchronization transitions with regimes of coexisting cluster states. Recently, adaptive dynamical network models were introduced which are capable of describing chemical [28,29], epidemic [30], biological [31], neurological [32–34], transport [35], and social systems [36,37]. Adaptive dynamical networks are characterized by the coevolution of network structure and functionality. Paradigmatic models of adaptively coupled phase oscillators have recently attracted much attention [38–43]. They have shown promise in predicting and describing phenomena in more realistic and complex physical systems such as neuronal and biological systems [44–47], as well as power grid models [48]. However, the type and nature of phase transition in this important class of models remains unclear.

This work characterizes nonequilibrium phase transitions in adaptive networks. We describe phase transitions in a finite-size Kuramoto model equipped with adaptive coupling weights. The natural frequencies are considered to be uniformly distributed, i.e., all possible frequencies are equally probable, and therefore disorders induced by finite-size realizations of this distribution impact directly the synchronization behavior. We find two qualitatively distinct types of first-order transitions to synchrony akin to first-order transition phenomena of heterogeneous nucleation [49]. The first, multistep type of synchronization transition is characterized by the nucleation and growth of a dominant cluster, similar to Ostwald ripening in equilibrium and nonequilibrium systems [50], until the system reaches synchrony. The second, single-step transition type features
multiple stable synchronization nuclei, and the transition to full synchrony is caused by an abrupt merging of large clusters of similar size. These two paths to synchrony exhibit a high degree of multistability. We identify the location of fluctuations in the realization of the natural frequency distribution as the cause for the two different scenarios. Methodologically, we present a framework reducing high-dimensional adaptive networks to a few mesoscopic variables and show that a collection of partially synchronized clusters of approximately equal size is more stable against changes in the coupling strength. With this, we extend the scope of mean-field approaches beyond the static network paradigm to adaptive networks.

For neuronal systems with spike-timing-dependent synaptic plasticity, phase oscillator models with phase difference-dependent adaptation functions have been introduced to explain effects stemming from long-term potentiation and depression [39,44,45,51,52]. Beyond that, phase oscillator models have served as paradigms for studying collective behavior in real-world dynamical systems [53]. We consider the adaptively coupled phase oscillator model

$$\frac{d\phi_i}{dt} = \omega_i - \sigma \frac{N}{\sum_{j=1}^{N} \kappa_{ij} \sin(\phi_i - \phi_j)}, \quad (1)$$

$$\frac{d\kappa_{ij}}{dt} = -c(\kappa_{ij} + \sin(\phi_i - \phi_j + \beta)], \quad (2)$$

for $N$ phase oscillators $i = 1, \ldots, N$ with phases $\phi_i(t) \in [0, 2\pi)$ coevolving with adaptive coupling weights $\kappa_{ij}(t)$. The natural frequency $\omega_i$ of the $i$th oscillator is drawn randomly from a uniform distribution $\omega_i \in [-\tilde{\omega}, \tilde{\omega}]$ [54]. The overall coupling strength is $\sigma$, and $c$ characterizes the timescale separation between the fast oscillator dynamics and the slower adaptation of the coupling weights. The parameter $\beta$ accounts for different adaptation rules, e.g., a causal rule ($\beta = 0$) or a symmetric rule ($\beta = -\pi/2$) where the order of the phases or their closeness determines the sign of the coupling weight change [51,55]. Here we focus on symmetric adaptation rules which support synchronization [39]; see [56] for other adaptation rules.

Coherence can be quantified by the synchronization index $S$ which measures the fraction of frequency-synchronized oscillator pairs $S = \langle 1/N^2 \rangle \sum_{i,j=1}^{N} s_{ij}$, where $s_{ij} = 1$ for equal mean phase velocities of the oscillators $i$ and $j$, $\langle \phi_i \rangle = \langle \phi_j \rangle$, and $s_{ij} = 0$ otherwise [57]. Here $\langle x \rangle = \lim_{T \to \infty} (1/T) \int_{T_0}^{T_0+T} x(t)dt$ with sufficiently large transient time $T_0$. For $S = 1$ the system is fully frequency-synchronized, whereas for $S = 0$ the system is asynchronous.

With increasing coupling strength $\sigma$, system (1)–(2) undergoes a transition from asynchrony to full synchrony, see Fig. 1(a) and Supplemental Material [56]. The routes to synchrony with increasing coupling strength $\sigma$ in

![FIG. 1. Paths to synchrony for system (1)–(2).](image)

Fig. 1(a) follow two paths of first-order transitions: a gradual multistep (upper, red) and an abrupt single-step (lower, blue) path featuring multiple small steps or a single large step in the transition to synchrony, respectively. In what follows, we describe these paths and determine the finite-size features in the realization of the natural frequency distribution that lead to either a multistep or single-step transition to synchrony.

Figures 1(b) and 1(c) show the multistep and single-step transitions, respectively, for two representative realizations of the natural frequencies (displayed as insets) and 30 different initial conditions, consistently leading to the multistep (b) or single-step transition (c). Insets show the natural frequencies used in the simulations. The circles highlight areas of higher frequency densities. The synchronization index $S$ is determined with an averaging time window $T = 7 \times 10^{3}$ and transient time $T_0 = 3 \times 10^{3}$. Other parameters: $\beta = -0.53\pi$, $\epsilon = 0.01$. Figs. 2(a)–2(d) show snapshots of the...
on the initial conditions the exact structure of the system
is governed by two different types of synchronization transition. (a)–(d) multistep, and (e)–(h) single-step transition. The values of \( \sigma \) are (a) 0.9, (b) 1.05, (c) 1.75, (d) 6.0, and (e) 0.55, (f) 1.75 (g) 2.75, and (h) 6.0. The snapshots are taken after \( 10^4 \) time units. Other parameters: \( \dot{\omega} = 0.25, \beta = -0.53\pi, \) and \( \epsilon = 0.01. \) Because of the \( \phi \rightarrow \phi + \pi \) symmetry, \( \kappa_i j \) and \( -\kappa_i j \) are indistinguishable, therefore the absolute values \( |\kappa_i j| \) are plotted, see [56].

The coupling matrix corresponding to the multistep transition. It is seen that a cluster nucleus emerges and, upon increasing the coupling strength, entrains more and more oscillators leading to the fully frequency synchronized state. The snapshots are taken after \( 10^4 \) time units. Other parameters: \( \dot{\omega} = 0.25, \beta = -0.53\pi, \) and \( \epsilon = 0.01. \) Because of the \( \phi \rightarrow \phi + \pi \) symmetry, \( \kappa_i j \) and \( -\kappa_i j \) are indistinguishable, therefore the absolute values \( |\kappa_i j| \) are plotted, see [56].

The single-step transition is shown in Fig. 1(c). Regardless of the initial condition, the dynamics follows very similar paths of the synchronization index. The phase oscillators organize into a small number of clusters within each of which all oscillators move with the same mean phase velocity for small values of \( \sigma. \) Notably, there is no single cluster at any time that is significantly larger than the others, in contrast to the multistep transition and prior findings for multicluster states [40]. Further, for the single-step phase transition path an intermediate state with \( S \approx 0.5 \) emerges, which is stable for a wide range of coupling strengths \( \sigma. \) The transition to full frequency synchronization occurs discontinuously at \( \sigma \approx 5.35. \) The formation of small initial clusters and the intermediate state are shown in Figs. 2(e)–2(h). The intermediate state (g) consists of two almost evenly sized clusters (nuclei) that are formed simultaneously.

Whether the system undergoes a multistep or a single-step transition path is determined by the particular realization of the natural frequency distribution, see the insets in Fig 1(a). Frequency distributions corresponding to multistep phase transitions are characterized by a higher density around the average frequency \( \bar{\omega} = 0, \) leading to an initial cluster with average cluster frequency close to the overall average frequency of the network. On the other hand, frequency distributions corresponding to single-step transitions are characterized by deviations which are concentrated away from the average frequency. This leads to local clusters emerging at low coupling strength around those seeds. These clusters survive a further increase in coupling strength entraining further oscillators before, for larger coupling strength, collapsing into the fully synchronized state.

The distinction between these two qualitatively very different scenarios of phase transitions is hence caused by finite-size-induced inhomogeneities of the natural frequency distribution. The fluctuations in the realization of the natural frequencies are much more influential than the choice of initial conditions, see Figs. 1(b) and 1(c). To further probe that the choice of transition path is indeed a finite-size effect, we choose equidistantly distributed frequencies, to remove fluctuations. In this case the transition path which is taken by the system is determined instead by the initial condition of the phases, see [56].

Performing a down-sweep from large \( \sigma \) for the given frequency distributions in Figs. 1(b) and 1(c), hysteresis and bistability between full and partial cluster synchrony is observed, see [56].

During the transition to synchrony, oscillators group into phase-locked clusters. The fluctuations in the realization of the natural frequencies determine the shapes of the emerging cluster states which in turn govern the type of transition. In systems with adaptive coupling weights there are many ways in which an arbitrary number of oscillators can form a multicluster structure [40,58]. In the following, we study the coexistence of multicluster states and show that states with equally sized clusters are stable for a larger interval in \( \sigma \) than states with strongly different cluster sizes. For this, we develop a mean-field description of multiclusters employing the collective coordinate method introduced in [59]. The latter has been successfully used to describe the synchronization of the Kuramoto system for general frequency distributions [60], complex coupling topologies [61] and chaotic cluster dynamics [60]. This approach can capture finite-size effects while still reproducing the findings of mean-field theories [62].

Following [60], we assign each oscillator to one of \( M \) clusters \( \mu \) of size \( N_\mu = n_\mu N. \) The phase variables and coupling variables are written as

\[
\phi_\mu(t) \approx \dot{\phi}_\mu^\mu(t) = \theta_\mu(t)(\omega_\mu - \Omega_\mu) + f_\mu(t),
\]

\[
\kappa_i j^\mu(t) \approx \dot{\kappa}_i j^\mu(t) = x_\mu^\mu(t).
\]

In this ansatz each phase oscillator is parametrized by \( \theta_\mu(t) \) describing the spread within the \( \mu \)th cluster with relative frequencies \( \omega_\mu - \Omega_\mu \), where \( \Omega_\mu = N_\mu^{-1} \sum_{\omega_\mu} \omega_\mu \) is the mean natural frequency of cluster \( \mu \) with index set \( C_\mu \), and the collective phase \( f_\mu(t) \) of each respective cluster. The coupling weights \( \kappa_i j^\mu \) are assumed to be constant within each
cluster and only vary across clusters. Our ansatz (1)–(2) changes the microscopic description \((\varphi_i, \kappa_{ij})\) to a mesoscopic description for the clusters with the new collective coordinates \(\varphi_\mu, \kappa_\mu\), and \(\kappa_{\mu\nu}\) [63]. This reduces the high-dimensional system (1)–(2) from \(N + N^2\) to \(2M - 1 + M^2\) dimensions.

The equations of motion for the collective coordinates are obtained by minimizing the error made by the assumption (3)–(4), see [56,59,62] for details. For simplicity, we restrict ourselves in the following to the description of two clusters in the continuum limit \(N \to \infty\) with fixed size ratios \(n_1\) and \(n_2 = 1 - n_1\) [64]. We introduce the order parameter for each cluster \(r_\mu = (1/N)\sum_{j=1}^n e^{i\varphi_j}\) that in the continuum limit is approximated by \(r_\mu = \sin z/z\) with \(z = \theta_\mu n_\mu/4\) [8,59]. The resulting mesoscopic dynamics of system (1)–(2) is governed by

\[
\dot{\varphi}_\mu = \sum_{\nu} \kappa_{\mu\nu} r_\mu + \varphi_\mu - \sigma_\mu r_\mu \cos f, \quad \dot{\varphi}_\nu = \sum_{\mu} \kappa_{\mu\nu} r_\nu + \varphi_\nu + \sigma_\nu r_\nu \cos f, \quad \dot{r}_\mu = \frac{1}{\kappa_\mu r_\mu + \sigma_\mu r_\mu} (f - f_1 - f_2),
\]

with \(\mu, \nu \in \{1, 2\}\), \(f = f_1 - f_2\) is the phase difference of the two clusters. See [56] for details.

Figure 3 shows a comparison of the high-dimensional adaptive Kuramoto system (1)–(2) and the reduced system (5). We use \(N = 1000\) oscillators with a fixed realization of natural frequencies to probe the continuum limit \((N \to \infty)\) mean-field approach. For two-cluster configurations with a varying relative number of oscillators in the first cluster \(n_1 = 0.5\) to \(n_1 = 0.95\), we prepare special initial conditions that result in the desired state, see [56]. For the reduced system, we proceed analogously.

Figure 3 shows that the dynamics of the two-cluster state is captured fully by the collective coordinate framework. The solid lines (full system) overlap with the dashed lines (reduced system). The single-step transition, also seen in Fig. 1(c), is well explained by the merging of two clusters in the reduced system. In both systems the multicluster structure ceases to exist beyond a certain coupling strength \(\sigma_c\). The critical values for the onset of cluster \(\sigma_c\) and full synchronization \(\sigma_f\) are well approximated by a perturbative approach for \(\epsilon \ll 1\) to the reduced system (5). We obtain \(\sigma_c \approx 0.460\) and \(\sigma_f \approx 3.152\), see [56]. In particular, the analytic result shows that multicluster states exist only for an intermediate range of \(\sigma\), which agrees with the observations in Fig. 1.

In the inset of Fig. 3 the excellent agreement between the oscillator phases of the full system and the collective coordinate ansatz (3) is shown for \(n_1 = 0.5\).
inhomogeneity in the frequency distribution and successively grows until full synchronization is reached. In contrast, in the single-step synchronization transition, multiple equally sized clusters (nuclei) form around multiple inhomogeneities, grow, and coexist stably. Each cluster moves with its mean frequency, which results in a higher difference of the average phase velocity between the clusters than between two freely moving oscillators. This higher difference inhibits the synchronization of the clusters for a significant range in the coupling strengths. Hence, this explains the observed abrupt first-order transition to full synchronization for high coupling strengths.

The described nucleation phenomena are very similar to heterogeneous nucleation induced by local impurities known, e.g., from cloud formation [69], crystal growth [70], or Ostwald ripening in equilibrium and nonequilibrium systems [50]. Because of this relation, our results provide an intriguing bridge between synchronization transitions in finite-size dynamical complex networks and thermodynamic phase transitions where the finite-size induced inhomogeneities in the natural frequencies take the role of impurities. Our numerical investigation has been complemented by a mean-field theory capable of describing multicluster states in the presence of an arbitrary frequency distribution and adaptive coupling weights. By this, we contribute to the research on mean-field models of coupled phase oscillators [71] where only recently first steps have been undertaken to include adaptive coupling [72]. Remarkably, our reduced mean-field model provides an excellent approximation of the macroscopic multicluster dynamics as well as the microscopic phase relations. The multistep transition, with a continually changing size of the main cluster (nucleus) and the importance of the stability of each cluster, is only partially captured by the mean-field approach introduced in this work. This limitation, however, could be overcome by generalizing methods on partial synchronization in generalized Kuramoto systems [23,62,73,74].

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[54] Note that the choice of $\dot{\omega}$ is arbitrary as it can be compensated by the rescaling of $\sigma$, $\epsilon$, and time $t$.
[56] See Supplemental Material at http://link.aps.org/supplemental/10.1103/PhysRevLett.130.067402 for details on the numerical implementation, the synchronization transition with equiprobable natural frequencies, with multimodal natural frequencies and for other values of $\beta$, the hysteretic behavior, the antipodal symmetry of the adaptive network model, the derivation and analysis of the mean-field equations and for details on the clustering behavior during the transition to synchrony.
[57] For the finite time evaluation in the numerical analysis, we use the threshold $|\langle \dot{\phi}_i \rangle - \langle \phi_j \rangle | < 10^{-3}$.

[63] Note that the ansatz (3) is only valid for fully connected networks [61] but the numerical results show that this simplification is justified.

[64] Note that the case of an arbitrary number of clusters can be achieved within the framework of collective coordinates [60,61].


